

"Sometimes, Menopause Makes Me Feel Like I've Been Hit By A Mack Truck!"

But Menopause Doesn't Have To Feel Like This . . .

You know -

- **Night sweats, headaches and bouts of anxiety *making it impossible to sleep . . .***
- **Hot flashes and irritability *that more than make you lose your cool . . .***
- **Nausea and weakness . . . mood swings and inertia . . . *making each day an ordeal to get through . . .***
- **Dryness in the most delicate areas . . . and *indelicate indigestion***
- **A loss of libido *that has put your love life on hold***

Stop Menopause's Maddening Mayhem . . .

Menopause is tough enough as it is.

But what makes it *unbearable* sometimes, is the unpredictability!

Wouldn't it be lovely to feel as cool as a cucumber . . .

Without worrying if the next minute you'll be desperately ripping off your sweater, trying to get some air . . .

Or get up one morning, ready to take on the day's to-do list with energy and confidence . . .

Dear Hormone Harmony-Seeking Friend, [\[design note – photo of Kim\]](#)

Hello, my name is Kim Holtzman. My husband, Neal, and I founded Pomegranate Health, to create some healthy alternatives for women struggling with their hormones. Every day we hear from customers who are thrilled with BalancePom and the relief and joy it brings. **In fact, I'm using BalancePom myself as I head into menopause.**

But sometimes it feels like we're paddling upstream, against the current. Both as a business offering a natural alternative . . . *and as a woman looking for a natural, healthy and effective solution . . .*

See, in addition to founding this company with Neal, I work as a nurse.

Every day I see how hard it is for doctors and nurses to break out of the conventions of conventional medicine.

Time constraints, insurance reimbursement pressures, malpractice worries, training, medical traditions and hospital culture all conspire to make it hard for new perspectives to get in. On top of this doctors receive a flood of pharmaceutical literature that dwarfs the information they receive on alternative and natural options.

So I know for a fact that your doctor may not be presenting you with all the options available for dealing with hormones. There's a very good chance they're not getting that information themselves.

That's why I urge you to look twice at what you're hearing about menopause. Hopefully you've tapped into the ever-stronger current of integrative and alternative medicine.

If not, I invite you to dip in your toes and find out more.

In either case, **we've put together a fantastic package for you that combines two essentials for good health – great information and a proven and safe product.** It's called our **Hormone Harmony Kit.**

To find out more, keep reading. I know you'll be glad you did.

To your good health,

Kim Holtzman, RN
President and Co-Founder, Pomegranate Health

Instead of being hit by a wave of anxiety and self-doubt that comes out of nowhere. Anxiety that's so bad you start to wonder if you really did do something wrong.

Or even on your bad days – days when you feel off-kilter, nauseous and achy . . .

Wouldn't you like to know for sure that you you have the flu or some bug. And not second-guess yourself thinking, "is it just those hormones acting up again?"

Getting older should be filled with an enjoyment of life and confidence that only experience and wisdom can bring . . .

Not battles with haywire hormones.

BalancePom offers you a natural, effective and HEALTHY way to manage your hormones

But before getting into why BalancePom has helped hundreds of women enjoy hormone harmony and greater health, let's step back a minute and **look at the more conventional hormone treatments and why they don't work . . .**

You've probably heard of hormone replacement therapy (HRT) or maybe even tried it. It's not hard to find a doctor to prescribe this treatment.

But HRT has serious risks. (See the sidebar)

And bio-identical hormones, while different from the synthetics used for conventional HRT, are not much better.

Because like HRT, bio-identical hormonal treatment is based on a flawed assumption . . .

An assumption that estrogen is what we need to feel younger, look better, protect our bones and heart . . .

When estrogen - specifically the powerful kind of estrogen both these therapies prescribe - is not the answer. It's in fact part of the problem . . .

Hormone Replacement Therapy (HRT) Isn't Good For Your Body (*It Might Even Kill You*)

Get A Healthy, Natural Alternative For Hormone Imbalance With BalancePom

Despite a brief pause in use after associated health risks were revealed, HRT has returned to popularity.

Both doctors and women advocate it as the "only" alternative to toughing menopause out.

But this choice is misleading. **It ignores the good, healthy options and downplays the real dangers of HRT and other synthetic hormone interventions . . .**

- The National Institutes of Health MedlinePlus advises that estrogen replacement therapy brings with it an increased risk for endometrial cancer of more than 5 times the average rate.
- HRT increased the risk of breast cancer by over 100% after 10 years of use.
- The Women's Health Initiative and the Heart and Estrogen/Progestin Replacement Study both demonstrated that far from helping with heart health, HRT actually increased the risk for heart attack, stroke, and blood clots.

In addition to these life-threatening dangers, many women using synthetic hormones end up experiencing unpredictable mood swings, breast soreness, weight gain, vaginal bleeding, headaches, insomnia and dizziness.

"**All the years I was on HRT were as though I was living a zombie existence,**" reports one woman in Dr. Sherrill Sellman's revealing book *Hormone Heresy: What Women MUST Know About Their Hormones*.

"Getting through the day was a major feat," reports another former HRT user in Dr. Sellman's book, "**I was spiraling down a black hole that swallowed me by degrees every day.**"

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- Skin that glows with health
- Energy that keeps your days productive
- Libido that livens up your nights

BalancePom

- Contains 100% pomegranate extracts from the seed, juice, peel and leaves.
- Has no fillers or additives
- Is produced in an manufacturing facility that meets FDA Good Manufacturing Practices (GMPs)

Get Your Hormone Harmony Kit With BalancePom and Dr. Sellman's new book, *Hormone Heresy*

And Save up to \$50 when you buy it right now with this special offer

Order now

"Has everyone jumped on the estrogen-deficiency bandwagon without really understanding what is happening to woman's hormones?"

- Dr. Sherrill Sellman, *Hormone Heresy: What Women MUST Know About Their Hormones*

For a long time, following the lead of pharmaceutical companies, doctors said the symptoms of menopause came from too little estrogen in the body.

As the theory goes, women's ovaries stopped producing estrogen at this point in life.

As a result (it was thought) women experienced all the "lovely" visitations of this change, ranging from night sweats to increased risk for cardiovascular disease.

In fact, the story is just the opposite.

Yes, estrogen production does end up dropping to only 40-60% during menopause.ⁱ

But women still make estrogen. Menopause expert, Dr. John Lee, author of *Dr. John Lee's Hormone Balance Made Simple*, pointed out that according to most published research on estrogen levels over the past 25 years, **two-thirds of women up to age 80 make all the estrogen they need.**ⁱⁱ

Even more intriguing, sometimes later in life estrogen production increases in spurts that are even more intense than estrogen production during adolescence - A last heroic hurrah before your ovaries change their role in your body.

What does drop dramatically is your body's production of the hormone progesterone, a hormone produced each time your body releases an egg.

In fact this hormone, not only performs a number essential functions in your body, but it also plays a critical role in balancing out the effects of estrogen. Without enough progesterone, your body's production of estrogen, even reduced, can be too much. And this leads to what many integrative health practitioners call "estrogen dominance".

Hormonal Imbalance Is Not Just An Issue For Women Facing Menopause . . .

Hormonal imbalance can be linked to health issues ranging from PMS to hormone-based birth control use.

BalancePom helps women at all stages in life, struggling with their hormones, to recover balance and enjoy renewed health.

Your Key To Hormone Health, Your Hormone Harmony Kit

Your Hormone Harmony Kit contains two essentials for good health:

- **Take control of your health** with Dr. Sherrill Sellman's solid, well-researched and inspirational book *Hormone Heresy: What Women MUST Know About Their Hormones*
- **Gain relief and new vitality** with an effective, safe and natural product, **BalancePom**

You can save as much as \$50 when you purchase your Hormone Harmony Kit with this special offer available right now.

Get Your Special Hormone Harmony Kit

Order Now

Too Much Estrogen - Not Too Little - Is The Problem

Estrogen dominance describes the imbalance of estrogen in your body and the effects this powerful hormone can have.

It's been linked to an increased risk of breast cancer, heart disease, a diminished sex drive, and many other symptoms of menopause.

During menopause, your problems are not brought on by too little estrogen – but by too much. The usual complements to estrogen – like progesterone and some weaker estrogens that block its actions – are not present in your body to check this powerful hormone's actions. *Even at its reduced levels.*

As Dr. Sellman explains in her book *Hormone Heresy*, "Instead of estrogen playing its essential role within the well-balanced symphony of steroid hormones in a woman's body, it has begun to overshadow the other players, creating biochemical dissonance."ⁱⁱⁱ

And the synthetic form of progesterone used in HRT, called progestin, does nothing to make things better.

Just the opposite - synthetic progestin actually blocks the activity and production of natural progesterone inside of your body.

Instead of helping, HRT's extra dose of estrogen and false progesterone, just makes things worse . . .

According to HRT manufacturers themselves, HRT's increased estrogen levels and progestin have been no less than 120 different potential risks and problems associated with HRT, including . . .^{iv}

- allergies,
- decreased sex drive
- depression
- skin problems
- fatigue
- foggy thinking
- headaches
- excessive hair growth
- blood sugar control problems

Bio-Identical Hormone Replacement Therapy (BHRT) – May Still Cause Problems

Concerned about the problems associated with synthetic hormones, many women have turned to bio-identical hormone replacement therapy.

While certainly easier on your body than the synthetics in conventional HRT, bio-identical hormone replacement therapy (BRHT) still brings health problems with it.

First, BHRT still assumes that women need more estrogen.

And secondly, while some BHRT practitioners are careful to apply a very small amount of estrogen in the overall therapy, many still use unreliable testing methods – like blood tests – to measure levels.

Citing the risks of too much estrogen and the difficulty in measuring women's hormone levels accurately, Susan J. Wysocki, RNC, NP, FAANP, President and CEO, National Association of Nurse Practitioners in Women's Health, Washington, DC, wrote for Medscape,

"There is no evidence that so-called bioidentical hormones compounded in a pharmacy are safer than other hormone products."

Source:

Wysocki, S. *Are Bioidentical Hormones Safe?*
Medscape viewed 4/10/10
<http://www.medscape.com/viewarticle/711157>

Looking for a more natural and safer alternative?

Get your special Hormone Harmony Kit

Order Now

And these are the milder side effects. Some of HRT's side effects are life-threatening.

Numerous articles drawing from the data collected from two large scale studies, the Nurses' Health Study and the Women's Health Initiative, published in the *New England Journal of Medicine*; *JAMA*; *Human Reproductive Update*; *Cancer Epidemiology, Biomarkers & Prevention*; and other well-regarded peer-reviewed publications note the same thing:

The combination of progestin and estrogen in HRT, taken for 10 years or more, increases the risk of developing breast cancer by over 100%. Even with only 5 years of use, women in the age range of 60-64 increase their risk by 70%, with 30-40% increased risk for women in general.^v

And while HRT seems to reduce the risk of osteoporosis, colorectal cancer and dementia, it also increases the risk of stroke, heart attack and pulmonary embolism according to a review of studies published in *JAMA*.^{vi}

The Whole Hormonal Picture

What's missing from the hormone replacement treatment discussion is the subtleties of your hormonal health. Something that can't be so easily cooked up in a lab and tossed into your body's complex chemistry.

HRT does not account for the many kinds of estrogen in your body –estradiol, estriol, estrone and others. Or even the differences between patented synthetic forms of estrogen used in pharmaceuticals and natural estrogens. And each of these different forms of estrogen do different things in our body, some good and some very bad . . .

HRT misses that instead of too little estrogen, many women have too much. Instead of more potent estrogens, we needed something that limits the stronger estrogen's actions in our body. Like some of the weaker forms of estrogen found in nature. . .

HRT misses that estrogen is balanced out by the presence of progesterone. This is why so many holistic practitioners talk about estrogen dominance. Your estrogen levels are not necessarily off. *It's the checks and balances to estrogen's activities that are missing . . .*

HRT overlooks that synthetic hormones – like synthetic progestin and synthetic estradiol – don't work with your body's chemistry in a healthy way . . . Instead of working with our body's needs, synthetic estradiol revs up our estrogen activity, putting it into overdrive. And progestin only blocks our precious naturally-produced progesterone activity . . .

Pharmaceutical literature advocating HRT glosses over statistics, like the Nurses' Health Questionnaire, the Million Women Study and the Women's Health Initiative that showed that these therapies actually increases women's risk of breast cancer, endometrial cancer, stroke, heart attacks and more . . .

In light of the research, many doctors have started to question the safety of HRT and found alternatives for their patients. *But there are still too many doctors who accept pharmaceutical literature at face value and recommend it to their patients.*

As a result, too many women end up facing a terribly limited choice: Either use HRT or tough it out through menopause.

As a result, too many women have missed out on one of the perfect solutions nature has already developed for unruly hormones . . .

The Pomegranate, A Wholesome Solution

What researchers were missing in their excitement to find new drugs to patent was that nature had already done some extensive research and testing . . . over several millenniums.

Nature had created a wonderful fruit that works perfectly in harmony with our bodies . . .

The pomegranate.

For centuries, healers have intuited that pomegranate made a perfect match for woman's health concerns because of the way its seeds encased in ruby flesh reminded them of women's fertile stash of eggs and her blood-rich uterus.

And for generations, they followed this intuition and successfully used pomegranate to help women manage hormonal imbalance and stay in good health.

Now scientists and doctors are starting to uncover the mysteries of this fruit and verify that, yes, this is perhaps the perfect fruit when it comes to women's health.

What women are discovering for *themselves* is this:

BalancePom Hormone Balancing Supplement Gives You The Hormone Harmonizing Power of the Pomegranate

BalancePom provides effective relief from hormonal imbalance

- No more hot flashes
- No more sleepless nights
- No more maddening mood swings
- Skin that glows with health
- Energy that keeps your days productive
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- Contains 100% pomegranate extracts from the seed, juice, peel and leaves.
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- Is produced in an manufacturing facility that meets FDA Good Manufacturing Practices (GMPs)

Try BalancePom Now. As part of this special Hormone Harmony Kit, you get:

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- A copy of best-selling author Dr. Sherrill Sellman's new book, *Hormone Heresy: What Every Women MUST Know About Their Hormones*

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The pomegranate seems to provide tremendous support when it comes to achieving the vibrancy, relief and overall good health they've been looking for . . .

Mood Swing Improve With BalancePom . . .

"I've seen good improvement in the sadness, mood swings and anger I was experiencing. Thanks!"

- Rebecca S. age 42, California

An End To Hot Flashes And Sleepless Nights with BalancePom . . .

"Hot flashes would wake me up at night and occur at random during the day. Very uncomfortable. I bought this product as a trial. AND IT WORKED! Thank you."

- Amy R, age 49, Texas

Pomegranate supplementation can . . .

- ✓ Stop your hot flashes in a flash
- ✓ Keep your night sweats under wraps
- ✓ Smooth out the ripples of anxiety and depression that destroy your peace of mind
- ✓ Bring relief to dry vaginal tissue and croaky vocal chords alike
- ✓ Liven up your libido
- ✓ Restore a youthful glow to your skin . . .

And so much more.

These are the kind of results you've been looking for. *But how does this fruit do all this?*

The pomegranate is a complex and mysterious fruit. Its chemistry still confounds researchers who have been studying it for decades. They're still working on verifying with modern research the ways women have used pomegranate for centuries to stay in good health.

But they have managed to find out some interesting things about the pomegranate.

Pomegranate Hormone Harmonizer #1

The pomegranate helps balance your hormones with a more diverse range of healthy phytoestrogens (the estrogens from plants) than any other botanical source.

Why does this mean so much to you battling with menopause?

Weaker estrogens block the effects of more powerful estrogens by fitting into the cell receptor sites for estrogen. These estrogens can fit in these specialized "keyholes". But they can't turn the ignition on like the more potent estrogens do.

The result? These other harmful estrogens are made powerless.

The vast majority of pomegranate's estrogens are the weaker kind. These estrogens bind with your estrogen receptors to prevent estrogen from affecting your metabolism too strongly. In fact, pomegranate's most prevalent estrogen is 17-*alpha* estradiol, the mirror image or isomer of 17-*beta* estradiol, the strongest form of estrogen and the one that wreaks havoc on your body. **And 17-alpha estradiol, only found in pomegranate, is the weakest form of estrogen. It acts as an effective blocker of estrogenic activity.**

Pomegranate Hormone Harmonizer #2

Pomegranate contains a special compound called apegenin that seems to have progesterone-like activity, helping it to counterbalance estrogen's activities. It may also help prevent the breakdown of progesterone, further preserving your progesterone levels.

As much as we need extra progesterone sometimes, especially as production drops off with menopause, it can be hard to find.

And, as mentioned above, the synthesized version in HRT is no substitute. Quite the opposite, it can do some real damage by blocking the activity and production of your own progesterone.

By helping your body to maintain progesterone levels, apegenin seems to help keep estrogen in check and supporting your cholesterol health, healthy fat metabolism, a good libido, stronger bones and overall health.

Pomegranate Hormone Harmonizer #3

Pomegranate gives your body more antioxidants than perhaps any other plant on the planet.

Antioxidants are key for keeping all of you in good shape. They calm down the raging free radicals marauding through your body by simply giving them a spare electron.

- **Pomegranate outruns red wine and makes green tea teeter.** One study published in the journal *Nitric Oxide: Biology and Chemistry* measured pomegranate juice's antioxidant activity as being 3 times the amount of green tea and red wine.^{vii}

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- **Pomegranate blows away blueberries and aces acai.** When tested against 12 other beverages, popular for their antioxidant prowess, pomegranate juice came out on top. **In fact it beat all the other competitors by 20%, including acai and blueberry.**^{viii}

On top of pomegranate's hormone regulating effects, its antioxidants support healthy skin, a healthy cardiovascular system, brain health, immune system health, digestive health, and a healthy blood sugar metabolism.

And for you wise women, concerned about safety . . .

There Are No Known Side Effects To Pomegranate

Says Dr. Dean Ornish, MD, pomegranate and heart health researcher and founder of *The Spectrum Lifestyle Program*,

"The only side effects of pomegranate juice are good ones . . . If it were a drug, people would be rushing to study it."

Get All Three of Pomegranate's Womanly-Wise, Hormone-Harmonizing, Menopause-Mastering Powers with BalancePom

BalancePom is the *only* supplement that brings you the entire wholesome hormone-balancing power of the pomegranate.

- It brings together pomegranate's sophisticated estrogenic compounds and progesterone-supporting apegenin that can help you walk the tightrope of hormones without a single wobble.
- And with its powerful antioxidant protection, in an array of flavonoids, it protects your tissues – from inside your arteries to your skin on the outside.

And Unlike Many Pomegranate Supplements, BalancePom Gives You The Whole Power Of The Pomegranate

Balance Pom contains extracts from the pomegranate seeds, fermented pomegranate juice, leaves and peel.

Research has demonstrated that the real power is in the totality of the plant.

- One study published in the *Journal of Agriculture and Food Chemistry* found that the leaves contained the highest antioxidant capacity followed by the peel, pulp and then seeds.^{ix}

- And a previous study published in the same journal showed that extracts that combined the whole pomegranate were 20% higher in antioxidant content than ones that just contained the pulp.^x
- Further research has also shown that the majority of estrogenic compounds are in its seed oil and seed.

In BalancePom we give you the entire range and beautiful chemistry of the pomegranate to keep your own body's chemistry beautiful and healthy.

But here's something even more important to know if you are looking at pomegranate supplements . . .

Some "Pomegranate" Supplements Contain Little to No Pomegranate

What? It sounds bizarre but it's true.

In an effort to standardize pomegranate extracts, many companies define their extracts' potency by pointing out it has 40% ellagic acid.

Unscrupulous supplement manufacturers have taken advantage of this and actually used ellagic acid from sources other than pomegranate to boost their ingredients.

In a 2008 study conducted by University of California researchers testing 27 pomegranate supplements, they found that *only 5 had the typical pomegranate tannin profile.*^{xi}

17 of these "pomegranate" supplements "had ellagic acid as the predominant chemical with minor or no detectable pomegranate tannins," according to the researchers. And 5 actually had no detectable tannins or ellagic acid!

"Standardization of pomegranate supplements based on their ellagic acid content does not guarantee pomegranate supplement authenticity," concluded the researchers.

If you buy a pomegranate supplement standardized to ellagic acid – that may be all you're getting – ellagic acid! And you may not even be getting that according to this study.

BalancePom only contains 100% pomegranate so you get the full power of nature's creation.

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Order Now

With BalancePom You Know You're Giving Your Body Only The Best

With BalancePom you get a supplement that is made only with 100% pomegranate extracts. No substitutes. No fillers. No additives.

Only pomegranate power.

And with BalancePom, you get the full synergy of the pomegranate. **While juice is nice, it can't compare with the extraordinary benefits the seeds, leaves, and peels along with the juice give you.**

Not to mention that the juice itself can be hard for your body to use. By fermenting the juice, we break the bonds between the sugars and the polyphenols in the pomegranate, so your body doesn't have to. This makes it easier for your body to use them.

With BalancePom You're Giving Your Body A Natural and Wholesome Way To Balance Hormones

Menopause, PMS, coming off the Pill, post-menopause, or hysterectomy-induced menopause – whatever your situation, **BalancePom provides hormonal support the way nature intended for your body.**

Instead of the crude creations made in a lab over the last couple of decades, BalancePom gives you nature's sophisticated, field-tested-and-true research that has yielded the pomegranate.

With BalancePom, You Give Yourself Relief Like A Cool Glass of Water When Your Body's On Fire

You enjoy . . .

- **Relief from anxiety and mood swings** so you can take each day in stride - without the wondering, *am I going nuts?*
- **Relief from hot flashes and night sweats.** You can keep your cool demeanor and slumber comfortably at nights.
- **Relief from worries** about fragile bones, cholesterol, and other women's health issues associated with menopause. You'll know that your body's internal regulators, your hormones, are working in harmony for your good health.

With BalancePom You Give Yourself The Energy and Vibrancy That Say's *"Age Is Just A Number"*

You can laugh at expectations of what's "over the hill" or how to "act your age". Instead you can enjoy . . .

- **A lively libido.** Your partner and you can enjoy an active love life. Finally free of the concerns about pregnancy or the exhaustion of parenting young children, you can enjoy a whole new level of intimacy.
- **Beautiful skin.** Pomegranate's rich mix of antioxidants, phytoestrogens, and other nutrients work together to nourish your skin and hair, restoring youthfulness, shine and health.
- **Increased energy.** Better hormonal balance means first of all better sleep, the best form of energy renewal. But better yet, hormonal balance means your entire metabolism can stay on an even keel for better energy throughout the day. And antioxidant protection prevents the fatigue brought on by the wear and tear of free radical damage.

A Second Honeymoon With BalancePom . . .

"I started taking [Balance Pom] to help my hot flashes, and I discovered, to my surprise and delight, that [BalancePom] has an unmistakable effect on my sex drive! My husband and I are having an unexpected second honeymoon, after 24 years of marriage. Thank you Pomegranate Health."

- Maria M., age 51, New York

"There is nothing more powerful than a menopausal woman with zest"

- Margaret Mead^{xii}

Pioneering anthropologist Margaret Mead should know. She lived a long, rich life and was privy to women's wisdom from around the world.

She knew how exciting this time could be when life experience could transform a woman's sense of purpose, changing it into a vigor that's hard to keep up with.

Now is the time to really dig into life with full gusto – you know what you want. You've conquered many a mountain to get to this next stage.

Only a few hormonal quirks stand in your way . . .
**And BalancePom can help you make them
inconsequential.**

But because we want you to have **essential information** to help you **take control of your health**

And a chance to **experience BalancePom's effective and healthy hormone relief** . . .

we've put together a *special* Hormone Harmony Kit that combines the two for a fantastic savings . . .

**Don't Pass Up This Specially Priced
Hormone Harmony Kit**

Hormone Harmony Kit Trial Offer: **Save \$20.00**
Get 1 bottle of BalancePom and Dr. Sellman's new book for \$29.70

Even Better Deal: **Save \$30.00**
Get 2 bottles of BalancePom and Dr. Sellman's new book, all for \$44.65

Best of All: **Save \$50.00**
Get 4 bottles of BalancePom and Dr. Sellman's new book, all for \$74.55

All with our 60-day 100% satisfaction Guarantee
Free Shipping on all orders*

**Send me my Hormone Harmony Kit Now!
Order Now**

Offer is only good through midnight, April 27.* Shipping charges waived for inside the US only

**BalancePom Is Just Part of A Complete
Hormone Harmony Kit**

Here's Where You'll Find What You **MUST Know**
About Your Hormones

You'll find everything you need to know about your hormones in best-selling author Dr. Sherrill Sellman's groundbreaking book, *Hormone Heresy: What Women MUST Know About Their Hormones*.

In this lively, well-researched and inspirational book, Dr. Sellman you'll get . . .

- **An End To Myths:** Dr. Sellman dispels the misconceptions about women's hormones and conventional hormonal interventions like HRT and the Pill
- **Advice You Can Use Right Away For Better Energy:** Dr. Sellman explains what natural hormone harmonizing products will help you find not only relief but renewed energy.
- **Personal Stories That Inspire:** Included are the individual stories of women who have been frustrated by hormones and found natural solutions that work.
- **Warnings You Can't Ignore:** Environmental dangers that are disrupting our hormone health and what to do about them
- **A Total Health Plan For Better Living:** You'll find out how hormones affect your heart, brain, immune system, skin, hair, weight, muscles . . .

And much, much more.

Says Judy Levy-Dawson, President of Imagine Love, Inc., "**Dr. Sherrill Sellman has radically changed my life for the better.** Her vast command and understanding of women's bodies, hormone health, nutrition, dietary supplements and herbs along with Chinese medicine make her one of my great teachers."

Get your copy of Dr. Sellman's book as part of your Hormone Harmony Kit and save up to \$50 when you order right now.

Order Your Kit Now

Usually a month's supply of BalancePom costs \$24.95 and Dr. Sellman's book sells for \$19.95. Ordinarily, if you bought them together you'd have to pay \$44.90. And with shipping that would come to close to \$50.

With a savings of anywhere between \$20 and \$50 off of your order, **you're essentially getting Dr. Sellman's book for free.**

So this is an unbeatable offer.

It's a great opportunity to not only try BalancePom for yourself, testing it against your own unique biochemistry at a special price with a satisfaction guarantee . . .

But also, get all the information you need for a complete approach to hormone health with Dr. Sherrill Sellman's lively and thorough resource, *Hormone Heresy: What Every Woman MUST Know About Hormone Health.*

Filled with personal stories, clear descriptions of how hormones work in your body and an extensive rundown of tips for gaining better hormone health, this book is a must-have for any woman with hormones (*that's all of us!*)

We put this kit together to make it easier for you to try this natural solution that has made so many of our customers happy and coming back for more . . .

And we put it together so you would not only have the best natural solution for hormone harmony, but also solid information, the key to control over your health and the good living that comes with it.

As someone who won't settle for any health product . . .
Who doesn't just go with conventional medicine and stop looking . . .
As someone who's not satisfied with simple answers . . .

You'll find the keen insights and clear explanations in Dr. Sellman's new book to be invaluable.

And this total hormone harmony kit to be a life-changer.

It's Easy To Order Your Hormone Harmony Kit. . .

You can order right now online.

Just click on the Order Now button and you'll go right through to the shopping cart.

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I have been using BalancePom for a few years now & I'm please to say this product does what it says it does! I started Menopause at age 50 & I am 57 now. I have tried so many products & as they may help some people I didn't get any relief at all.

What I got was dizziness & it took me a few years to figure out most of the products you buy have relaxing ingredients in them. As I already have trouble with low blood pressure all this did was make it even lower & cause me to be dizzy. With BalancePom there are no side effects. What you will get is relief & improvement more & more as your body comes into balance.

Another reason I recommend this product is how fast you will notice results. You don't have to wait 6 months. Like most products suggest. In one bottle you should notice great improvement & don't be surprise if it's even sooner!!

- Sue W, Age 57

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Within weeks, you'll have less of the stress of haywire hormones and more of the zest and zeal that Margaret Mead was talking about.

BalancePom can help you truly revel in life's many pleasures and adventures.

Zestfully Yours,

The Folks at Pomegranate Health

P.S. But don't wait too long . . . You don't want to miss out on this great opportunity to try a natural and healthy hormone support that has so many women excited to get up and get moving on their plans for each day – without worries about new surprise menopause has in store for them.

This savings of up to \$50 is only good until midnight on April 27.

Order Your Hormone Harmony Kit Now

Please Note: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

ⁱ Sellman, S. *Hormone Heresy; What Women MUST Know About Their Hormones*. Hayden, ID: Bridger House Publishers, 2009. p. 15

ⁱⁱ Lee, J. *Dr. Lee's 3 Rules for BHRT*. Viewed 4/10/10 at http://www.johnleemd.com/store/news_bhrt.html

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